

Whilst you are waiting...

...Did you know

- What is your risk of a **heart attack or Stroke**? If you are aged 30-75 our computer can estimate your risk over the next 10 years. Just ask your nurse or doctor.
- How can you **lower your Blood Pressure** without medication? Reducing salt intake (including processed food) reducing alcohol intake, losing weight and taking more exercise can help.
- The **Treatment Room** is the best place for ear syringing, removing stitches and dressings. Ask at reception for more details.
- If you are referred to the Hospital, the GP will refer you using the "Referral Management System", your referral will then be triaged and directed to the hospital clinic that can most suitably treat your condition.
- Using **Patient Access** you can order a repeat prescription, book appointments and view your medical record online. Please go to our website to find out more.

Goodbye and Farewell

We bid a fond farewell to Dr Buckley, who will not be returning following her maternity leave.

We wish her all the best for the future and would like to thank her for her service to the Practice over the last 6 years.

Her sessions will now be covered by Dr Nick Whitelaw who provided her maternity locum cover.

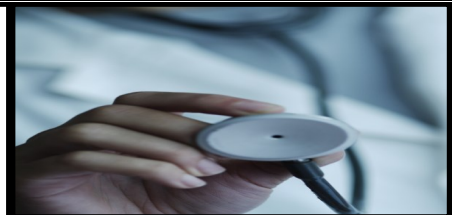
Dr Nick Whitelaw returned on the 6th December 2016 and will now be working on Tuesdays, Thursdays and Fridays.

...Travel Vaccinations

Travel Vaccinations for almost all destinations are available here. Please let us know the countries you are visiting at least 4 months in advance, and complete a form available now from reception.

If you require a **Yellow Fever vaccination this can be done at local surgeries or the Liverpool School of Tropical medicine. This is vital for Tropical Africa and Central & South America. There is likely to be a charge for this service.**

Anti malarial tablets are required for many tropical countries, check via our website.



Have you had your flu jab?

If you are eligible for a flu jab and have not yet had it, please speak to a receptionist to arrange an appointment.

We are pleased to confirm that construction of the new building is running smoothly and is expected to be completed within the expected timescales. We anticipate that the surgery will move in March 2017

...Surgery Appointments

- We will always see emergencies the same day and always have urgent appointments for the next working day. It is normally possible to see your doctor of choice within a week except at holiday times etc. Our staff will ask you to briefly describe your problem solely to help find the service that is right for you.
- 'Birthday reviews'. Most patients have their main routine annual blood tests done in the month of their birthday and see our Practice Nurse or a GP 1-2 weeks later. If you have regular medication, this is usually reissued for another 12 months. Please ask if you are uncertain about these services or check our website.
- If you are waiting to have a blood test taken today, could we readily contact you if we needed to do so throughout the next 36 hours (e.g. about an abnormal result)? This is sometimes extremely important and completely unexpected.
- Otherwise contact the practice after 1p.m. whenever possible as the phone is quieter then. However please phone before 11a.m. I connection with home visits.

Booking appointments at Haydock Medical Centre

Available appointments

Routine appointments

You can book an appointment up to 3 weeks in advance with the GP or the Nurse. We want to offer continued care by the same doctor whenever possible. This should allow you to see the doctor that knows you best.

Please mention this when booking.

Emergency (same day) Appointments

We will see the following patients on the same day if asked to do so:

- Children under age 5
- Women with problems in pregnancy
- Terminally ill patients
- If *you* believe you need to be assessed on the same day. Our staff will take your details, speak to a doctor, and phone you back.

Emergency out of hours care

This service is provided through St. Helens ROTA and runs from 6:30pm until 8:00am, all day at weekends and Bank Holidays. Please note that GP Out of Hours provides emergency care and advice only. Please contact the Practice during opening hours for non-urgent matters

Prescriptions

Please note that the Practice requires 48 working hours to process your prescription requests.

HAYDOCK MEDICAL CENTRE

Dr Breach and Partners
Station Road
Haydock
St Helens
WA11 0JN
Tel 01744 624360

Order your prescriptions online at
www.drbreachandpartners.co.uk

Friends and Family Test

You may wish to complete a Friends and Family test after any visit that you make to the Practice. Whether you have seen a Clinician or put a prescription request in. The Friends and Family Test is anonymous and is a great way to provide your feedback regarding your experience with us.



We aim to offer appointments that meet your medical needs as far as possible, bearing in mind our need to serve all our other patients. We book appointments at 15 minute intervals so that we sufficient time to understand and evaluate the problem and agree a management plan together.

In order that our staff may arrange the right service for you, they will ask you to briefly describe the nature of the problem.

Did you know..?

- ◆ Sick notes after hospital treatment can often be completed a few days after your GP has seen you.
 - ◆ The Minor Injuries Unit at St. Helens Millennium Centre will deal with almost all kinds of injuries (and can perform x-rays). The Walk in Centre (also at the Millennium Centre) is a same day service for anyone who wishes to see a clinician without appointment.
 - ◆ Dental problems cannot be treated here. In an emergency you can receive treatment which can be accessed by phoning 01744 673 803 or NHS 111.
 - ◆ Pregnancy. The midwives provide much of the care for women during and after pregnancy and can be contacted directly on 0151 430 1234
 - ◆ Early morning blood test appointments (between 8:30a.m. and 10a.m.) are prioritised for patients who cannot attend later appointments due to work commitments.
 - ◆ Did you know that the chemist can advise and recommend treatment for the following conditions*?
 - * Conjunctivitis
 - * Coughs, colds, sore throats, temperature & headache
 - * Diarrhoea & constipation
 - * Heartburn & indigestion
 - * Head lice
 - * Thrush
 - * Mouth ulcers
 - * And many more
- * restrictions may apply